

# DELIVERY ROUTES & DAYS

<b>EDINBURGH</b>	<b>GLASGOW</b>	<b>CENTRAL LOOP</b> (including Pitlochry /Dunkeld)
<i>6 days per week</i> Monday - Saturday	<i>6 days per week</i> Monday - Saturday	<i>6 days per week</i> Monday - Saturday
<b>CENTRAL WEST</b> (including Auchterarder & Stirling)	<b>CENTRAL EAST</b> (including Dunkeld, Blairgowrie, Perth)	<b>ABERDEEN</b> (including Blairgowrie)
<i>6 days per week</i> Monday - Saturday	<i>6 days per week</i> Monday - Saturday	<i>3 days per week</i> Tues, Thurs & Fri
<b>TROSSACHS &amp; ABERFELDY</b> (including Callander)	<b>INVERNESS</b> (including Elgin)	<b>OBAN &amp; ISLES</b>
<i>3 days per week</i> Tues, Thurs, Sat	<i>2 days per week</i> Tuesday & Thursday	<i>3 days in high season</i> <i>2 days in low season</i> Tuesday & Thursday
<b>FIFE</b>	<b>SKYE</b>	<b>2 days in high season</b> <i>1 day in low season</i> Wednesday